

LIVING LETTERS
A CHAPTER BY CHAPTER STUDY OF EPHESIANS
CHAPTER 3:17 - 32
WALKING IN THE LIGHT
PASTOR TOM GARRETT
SUNDAY JULY 14, 2019

Ephesians 4:17-19 NASB [17] “So this I say, and affirm together with the Lord, that you walk no longer just as the Gentiles also walk, in the futility of their mind, [18] being darkened in their understanding, excluded from the life of God because of the ignorance that is in them, because of the hardness of their heart; [19] and they, having become callous, have given themselves over to sensuality for the practice of every kind of impurity with greediness.”

- When we are (**disconnected**) from relationship with God, there is no limit to the level of (**darkness**) we can potentially walk in.

Ephesians 4:20-21 NIV [20] That, however, is not the way of life you learned [21] when you heard about Christ and were taught in him in accordance with the truth that is in Jesus.

- Are you being (**consistently**) taught the truth that is in Jesus?

Ephesians 4:22 NIV [22] You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires;

- (**“put off” - to throw something forcefully in a specific direction**)
- Romans 13:12 NLT[12] The night is almost gone; the day of salvation will soon be here. So remove your dark deeds like dirty clothes, and put on the shining armor of right living.
- Colossians 3:8 NKJV[8] But now you yourselves are to put off all these: anger, wrath, malice, blasphemy, filthy language out of your mouth.

- James 1:21 NKJV [21] Therefore lay aside all filthiness and overflow of wickedness, and receive with meekness the implanted word, which is able to save your souls.

Ephesians 4:23-24 NASB [23] and that you be renewed in the spirit of your mind, [24] and put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth.

- So, (**who**) are you wearing today?

Ephesians 4:25-28 NLT [25] So stop telling lies. Let us tell our neighbors the truth, for we are all parts of the same body. [26] And "don't sin by letting anger control you." Don't let the sun go down while you are still angry, [27] for anger gives a foothold to the devil. [28] If you are a thief, quit stealing. Instead, use your hands for good hard work, and then give generously to others in need.

- (1) (**Stop lying. Tell the truth**)
- (2) (**Don't let anger control you.**)
- (3) (**Quit stealing. Earn the things you want and learn to be generous.**)

Ephesians 4:29 AMPC [29] Let no foul or polluting language, nor evil word nor unwholesome or worthless talk [ever] come out of your mouth, but only such [speech] as is good and beneficial to the spiritual progress of others, as is fitting to the need and the occasion, that it may be a blessing and give grace (God's favor) to those who hear it.

- (4) (**Put away communication that tears down. Learn to communicate in a way that builds others.**)

Ephesians 4:30-32 NASB [30] Do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. [31] Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. [32] Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.

- (5) (**Do not make cause grief [sorrow] to the Holy Spirit. Yield to Holy Spirit and God's Word.**)
- (6) (**Throw away bitterness, wrath, anger, clamor [loud emotional outcrying], slander, and malice**)
- (7) (**Be kind (gracious), tender-hearted, and forgiving.**)