



ICT small groups

Christian Essentials : Week 10 Winning the Battle for Your Mind

Big Idea

Why is the mind the central battleground that Christ must help us with?

Introduction

Don't be mistaken, we have an enemy in the devil. He's lurking to kill, steal, and destroy our new lives in Christ, and he starts by waging war on our minds. Thankfully, God gives us the weapons and the strategies to win this battle, so that we can be transformed and victorious.

Scripture

2 Corinthians 10:3-5

"For though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ..."

Discussion

- What tools do we have to "take every thought into captivity to the obedience of Christ?"
- What kinds of success in the battles of our minds can we expect if we meditate daily on the Bible? Share any personal example you might have.
- What is the benefit of this daily diligence?

Activation

- Write down a short passage of Scripture that has become meaningful to you over the past few weeks. Carry it with you to work, to lunch, and back home; set times that you can stop and think about what it says.